

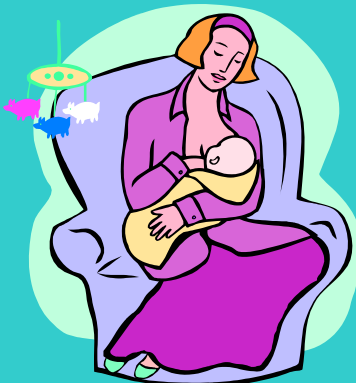
## Birth Matters Virginia Providing Education, Support, & Resources

Birth Matters Virginia is a statewide organization with local groups of parents and professionals who share information, offer support, and affirm the rights of women and families to make informed choices throughout the childbearing years.

Our mission is to improve the culture of birth in Virginia by promoting an evidence-based model of maternity care and supporting care providers who practice mother friendly care.

In Harrisonburg, we have an ongoing Educational Series on the first and third Tuesdays of each month at Harrisonburg Baptist Church from 6:30 - 9pm. The topic for May 15th is Informed Choice.

Join us for a picnic on May 5th at Noon at Purcell Park as we celebrate International Midwives Day! For more information, please visit: [birthmattersva.com](http://birthmattersva.com)



### **Librarian's Note:**

*If you enjoyed this brochure, log on to: [www.mrlib.org](http://www.mrlib.org) for other reader's resource guides published this year!*



***Inform. Inspire. Connect.***

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*Presents*

# Baby, Oh Babies!



***A Reader's Resource Guide***

***May 2007***

# Baby, Oh, Babies!

*Expecting a little bundle sometime soon? Enjoy this reader's resource guide of MRL materials available to help you prepare. We wish you a happy, healthy pregnancy and look forward to seeing your little one at story time soon!*

Litoff, Judy Barrett. - American midwives, 1860 to the present 618.2 L - MAIN

Jacobs, Sandra - Having your baby with a nurse-midwife: everything you need to know to make an informed decision 618.2 J - MAIN

McCutcheon-Rosegg, Susan. - Natural childbirth the Bradley way 618.4 M - MAIN

Dick-Read, Grantly. - Childbirth without fear: the original approach to natural childbirth 618.2 R - MAIN



Tanzer, Deborah. - Why natural childbirth? A psychologist's report on the benefits to mothers, fathers, and babies 618.4 T - MAIN

McCarthy, Jenny- Belly laughs: the naked truth about pregnancy and childbirth 618.2 M - MAIN

Murphy, Magnus- Pelvic health & childbirth: what every woman needs to know 617.5 M - MAIN

Gaskin, Ina May. - Ina May's guide to childbirth 618.4 G - MAIN

Metland, Daphne. - National Childbirth Trust complete book of baby care OV 649.1 N - MAIN

Lifshitz, Aliza A. - Mama sana, bebe sano: una guia en espanol e ingles sobre el embarazo, la atencion prenatal, el nacimiento y el cuidado del recién nacido= Healthy mother, healthy baby: a Spanish/English guide to pregnancy, prenatal care, childbirth, and early infant care SPANISH 618.2 L - MAIN



Alcañiz, Lourdes. - Waiting for bebé: a pregnancy guide for Latinas 618.2 A - MAIN

England, Pam. - Birthing from within: an extraordinary guide to childbirth preparation 618.24 E - MAIN

Having your baby: a complete Lamaze prepared childbirth class DVD 618.45 H - MAIN

Tyson, John, Childbirth: from inside out DVD 618.2 C Pt. 1 and Pt. 2- MAIN

Stone, Joanne. - Pregnancy for dummies DVD 618.2 P - MAIN

Winsor, Mari. - The Pilates pregnancy: maintaining strength, flexibility, and your figure 618.2 W - MAIN

Riley, Laura., Pregnancy: the ultimate week-by-week pregnancy guide 618.2 R - MAIN

Hall, Nancy Wilson. - Balancing pregnancy and work 618.2 H - MAIN

Stone, Joanne. - The pregnancy bible: your complete guide to pregnancy and early parenthood OV 618.2 S - MAIN

Brown, Sylvia. - The post-pregnancy handbook: the only book that tells what the first year after childbirth is really all about... physically, emotionally, sexually 618.6 B - MAIN

Murkoff, Heidi Eisenberg. - What to expect when you're expecting 618.2 M - MAIN

Eisenberg, Arlene. - What to expect the first year 649.122 E - MAIN

Eisenberg, Arlene. - What to expect the toddler years 649.122 E - MAIN

Venezia, Mike. - How to be an older brother or sister EASY VEN - BROADWAY

Murkoff, Heidi Eisenberg. - What to expect when mommy's having an baby J 618.2 M - BROADWAY

Rosenberg, Maxine B. Mommy's in the hospital having a baby J 618.4 R - PAGE + Stanley

lovine, Vicki. - The girlfriends' guide to pregnancy 618.2 I - MAIN

Chabut, LaReine. - Lose that baby fat!: bouncing back the first year after having a baby 618.6 C - MAIN

